

BIBLE VERSES TO READ

**WHEN YOU
DON'T KNOW
WHAT TO PRAY**

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Verses for Every Moment

When You Feel Overwhelmed

When You Feel Tired or Worn Out

When You Feel Lonely

When You Feel Anxious or Scared

When You've Lost Motivation

When You Need to Remember Your Value

When You Don't Feel Loved

When the Weight Feels Too Heavy

When You Feel Like You Can't Keep Going

When You Need to Get Closer to God

When You Don't Feel Enough

When You Don't Know What to Do

When Your Faith Feels Weak

When You Need Peace in Your Home

When You Want to Pray for Your Kids

When You Want to Pray for Your Husband or Marriage

When You Feel Overwhelmed

- ▲ "Come to me, all you who are weary and burdened, and I will give you rest."

Matthew 11:28

- ▲ "Give all your worries and cares to God, for he cares about you."

1 Peter 5:7

- ▲ "The Lord is my shepherd; I have all that I need."

Psalm 23:1

When You Feel Tired or Worn Out

- ▲ "He gives power to the weak and strength to the powerless."

Isaiah 40:29

- ▲ "My flesh and my heart may fail, but God is the strength of my heart and my portion forever."

Psalm 73:26

- ▲ "Come to me and I will give you rest."

Matthew 11:28

When You Feel Lonely

- ▲ "The Lord is close to the brokenhearted; he rescues those whose spirits are crushed."

Psalm 34:18

- ▲ "Never will I leave you; never will I forsake you."

Hebrews 13:5

- ▲ "Even if my father and mother abandon me, the Lord will hold me close."

Psalm 27:10

When You Feel Anxious or Scared

- ▲ "Do not be afraid or discouraged, for the Lord your God is with you wherever you go."

Joshua 1:9

- ▲ "I prayed to the Lord, and he answered me. He freed me from all my fears."

Psalm 34:4

- ▲ "When I am afraid, I put my trust in you."

Psalm 56:3

When You've Lost Motivation

- ▲ "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

Galatians 6:9

- ▲ "For God is working in you, giving you the desire and the power to do what pleases him."

Philippians 2:13

- ▲ "Be strong and do not give up, for your work will be rewarded."

2 Chronicles 15:7

When You Need to Remember Your Value

- ▲ "You are precious to me. You are honored, and I love you."

Isaiah 43:4

- ▲ "I praise you because I am fearfully and wonderfully made."

Psalms 139:14

- ▲ "See, I have engraved you on the palms of my hands."

Isaiah 49:16

When You Don't Feel Loved

- ▲ "I have loved you with an everlasting love; I have drawn you with unfailing kindness."

Jeremiah 31:3

- ▲ "But God showed his great love for us by sending Christ to die for us while we were still sinners."

Romans 5:8

- ▲ "The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you."

Zephaniah 3:17

When the Weight Feels Too Heavy

- ▲ "Cast your burden on the Lord, and he will sustain you."

Psalms 55:22

- ▲ "The Lord is my strength and my shield; my heart trusts in him, and he helps me."

Psalms 28:7

- ▲ "My grace is sufficient for you, for my power is made perfect in weakness."

2 Corinthians 12:9

When You Feel Like You Can't Keep Going

- ▲ "I can do all things through Christ who gives me strength."
Philippians 4:13
- ▲ "Even youths will become weak and tired, but those who trust in the Lord will find new strength."
Isaiah 40:30-31
- ▲ "The Lord upholds all who fall and lifts up all who are bowed down."
Psalm 145:14

When You Need to Get Closer to God

- ▲ "Come near to God and he will come near to you."
James 4:8
- ▲ "Seek the Lord while you can find him. Call on him now while he is near."
Isaiah 55:6
- ▲ "You will seek me and find me when you seek me with all your heart."
Jeremiah 29:13

When You Don't Feel Enough

- ▲ "My grace is all you need. My power works best in weakness."
2 Corinthians 12:9
- ▲ "For we are God's masterpiece. He has created us anew in Christ Jesus."
Ephesians 2:10
- ▲ "The Lord is my helper; I will not be afraid."
Hebrews 13:6

When You Don't Know What to Do

- ▲ "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault."
James 1:5
- ▲ "Trust in the Lord with all your heart; do not depend on your own understanding."
Proverbs 3:5
- ▲ "Your word is a lamp to guide my feet and a light for my path."
Psalm 119:105

When Your Faith Feels Weak

- ▲ "I do believe; help me overcome my unbelief!"

Mark 9:24

- ▲ "Faith shows the reality of what we hope for; it is the evidence of things we cannot see."

Hebrews 11:1

- ▲ "So then faith comes by hearing, and hearing by the word of God."

Romans 10:17

When You Need Peace in Your Home

- ▲ "You will keep in perfect peace all who trust in you."

Isaiah 26:3

- ▲ "The Lord blesses his people with peace."

Psalms 29:11

- ▲ "Peace I leave with you; my peace I give you. Do not let your hearts be troubled and do not be afraid."

John 14:27

When You Want to Pray for Your Kids

- ▲ "I prayed for this child, and the Lord has granted me what I asked of him."

1 Samuel 1:27

- ▲ "The Lord will protect you from all harm; he will watch over your life."

Psalm 121:7

- ▲ "Direct your children onto the right path, and when they are older, they will not leave it."

Proverbs 22:6

When You Want to Pray for Your Marriage

- ▲ "Above all, love each other deeply, because love covers over a multitude of sins."

1 Peter 4:8

- ▲ "A cord of three strands is not easily broken."

Ecclesiastes 4:12

- ▲ "Be devoted to one another in love. Honor one another above yourselves."

Romans 12:10

You Made It to the Last Page

I hope these verses meet you right where you are.
Whether today feels joyful, exhausting, or somewhere in between,
remember this:

God is with you in every single moment.
You don't need perfect prayers.
You don't need the right words.
You just need a willing heart.

Keep this verse guide close, on your fridge, by your coffee maker, or
saved on your phone.

Open it when you need a reminder that you are not alone and let God's
Word speak when your own words feel stuck

.
From one mom to another, I pray that these verses bring comfort,
courage, and peace to your days.

You've got this... and He's got you. 